Keep control
what and with whom you share your private information online?

Keep your private stuff private

Don’t share your personal information - phone number, address or school - with someone you have only met online. What do they need it for?

Always set the privacy settings of your social media accounts to protect your private data.

How do I look? Be aware of your online presence

Abusers look for young people who use a sexualised username, post sexualised pictures or talk about sex online. Think about how your online profile makes you appear to others.

Want to meet up? Always put your safety first

It is a bad idea to share your location or meet up with someone you have only met online. But if you do so, stay safe: meet in a public place and take a trusted adult with you.

A ‘friend of a friend’? To be sure, ask your friend

It’s easy for anyone to post fake photos and stream a fake video over a webcam. If they claim to be a ‘friend of a friend’, ask your friend if they have met them in person. Anyone can learn about you and your friends from information that they find online.

Finally… Just between us? Make sure you don’t expose yourself (or your privacy)